Celebrating 10 years of success, the widely anticipated Clinical Innovations Conference 2013 (CIC) will be held 17 - 18 May at the Millennium Gloucester Hotel in Kensington. Brought to you by Healthcare Learning: Smile-on, in collaboration with the AOG, the event is renowned for providing up-to-date, quality education specifically for the dental profession.

Various lectures and practical workshops will cover a range of different topics, exploring the latest clinical techniques and introducing delegates to the newest innovations and products in dentistry. The internationally recognised selection of speakers will include names from the very forefront of the industry, with the likes of Richard Kahan, Janisie Van Rensburg, Wyman Chan, Ian Buckle and Louis Mackenzie already confirmed.

For experienced lecturers such as Dr Janisie Van Rensburg, the CIC provides a fantastic platform to discuss the latest developments in the UK market. Dr Van Rensburg obtained his degree in dentistry at the University of Pretoria, South Africa, before completing a two-year extended course in Orthodontics at the Conquest Hospital in Hastings, East Sussex. Dr Van Rensburg has lectured at numerous dental events around the globe, and also has a special interest in fibre reinforced composite restorations. In addition, he was nominated for ‘Trainer of the Year’ in 2005 by Stick Tech Ltd. in Finland.

Dr Van Rensburg is looking forward to his first experience of CIC, and he will be discussing an innovative new technique in restorative dentistry.

“I was delighted to accept the invitation to speak at this year’s CIC and I will be discussing various simple approaches to performing safe and predictable everyday dentistry," he explains. “I will go on to look at a specific technique that has only been developed in the last couple of years by Swedish dentists, using a new type of sectional matrix system. This innovative system allows for an adjacent wedge and protecting shield to be used in order to safeguard both the teeth and the gingiva when preparing...
and drilling the affected tooth. One of the major problems faced when performing posterior composite restorations is creating tight proximal contact between the restoration and the adjacent tooth. Failure to do this of course increases the risk of trapped food and plaque formation. The new system provides a high quality filling with a much more reliable tight proximal contact, encouraging a higher standard of oral health.

“In addition, this new technique boasts an accuracy that enables practitioners to avoid creating a proximal marginal overhang, which is also very often associated with posterior composite restorations. This method can therefore be performed much quicker than others, and in an industry where time is money, this can be a hugely significant benefit. It is one of the quickest, safest and easiest sectional matrix systems available in the UK, and in most cases, it produces highly predictable results.

“During my lecture at the CIC, I will discuss how this carefully designed matrix/wedge combination works, giving a step-by-step guide to using the product and highlighting its advantages to both the patient and the dentist. Of course, all techniques and products have limitations and it is also important to know and understand these in order to achieve the best results, so I will consider these too. I believe this matrix system however, could provide a solution to the daily problems associated with restorative dentistry in the UK.”

Over the course of the two days, the CIC will provide up to 14 hours of verifiable CPD, helping delegates to meet the GDC’s requirements for continued registration. For the second year running, the event will also host sessions for the London Deanery DFT Conference, designed specifically to captivate and inspire London Deanery Foundation students, and introduce them to the modern dental profession.

Hands-on workshops, live clinical demonstrations and a quality trade exhibition will also be presented in May, further enriching the learning experience available to delegates. Not only does this provide access to the very latest equipment and technology within aesthetic and restorative dentistry, but it also encourages delegates to broaden their knowledge of the industry.

In addition to all this, the evening of Friday 17th will also see the Clinical Innovations Awards, offering delegates an opportunity to relax and network within the profession while enjoying delicious cuisine and live entertainment. The winner of the Award will be announced during the evening, celebrating the latest, most innovative products to be developed and introduced to the dental market.

Although he has not yet attended the CIC, Dr Van Rensburg believes such events are hugely beneficial for dental professionals to attend.

“I think the combination of lectures, workshops and trade is brilliant,” he says. “As dentists, we love our gadgets, and we love seeing new things. This conference is a great way of discovering new products, techniques, ideas and perspectives in a variety of different areas. I can’t understand how I have never attended this excellent event before, but I am now greatly looking forward to May!”

Registration for the CIC 2015 is now open, so book soon to avoid disappointment!